**FOR IMMEDIATE RELEASE**

FOR FURTHER INFO CONTACT:  
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NWICA Sponsors 2013 Senior Farmers’ Market Nutrition Program

The Senior Farmers’ Market Nutrition Program provides access to fresh fruits and vegetables from local farmers. NWICA in partnership with the Indiana State Health Department will host the Senior Farmers’ Market Nutrition Program in Lake, Porter, Starke, Pulaski, Jasper, and Newton counties again this year. The program provides vouchers up to $20 for individuals 60 years or older to purchase fresh fruits and vegetables from participating local farmers markets and food stands.

The health benefits of consuming fresh produce, the social interaction provided at the market, and the financial savings makes this a highly desired program for both our older Hoosiers and local farmers. NWICA’s objective is to continue to promote domestic consumption of agricultural fruits and vegetables. This will only result in good health and longevity for the clients we serve.

ELIGIBILITY:
- 60 years or older as of October 1, 2013
- Proof of Indiana Residency (Current Driver’s License or State Identification)
- Proof of Household Income not more than 185% of the Annual Poverty Income Guidelines. No income verification is required if applicant shows documentation of participation in TANF, Food Stamps at the time of application.

WHEN & WHERE:  
Distribution Locations, Dates and Times are as follows:

<table>
<thead>
<tr>
<th>Day</th>
<th>Date</th>
<th>Time</th>
<th>Location</th>
<th>Address</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuesday</td>
<td>July 2, 2013</td>
<td>9:30am to 12:00</td>
<td>DeMotte Fase Center</td>
<td>11978 North 600 West</td>
</tr>
<tr>
<td>Wednesday</td>
<td>July 3, 2013</td>
<td>9:00am to 10:00ET</td>
<td>Medaryville West Side Center</td>
<td>125 S. Railroad</td>
</tr>
<tr>
<td>Wednesday</td>
<td>July 3, 2013</td>
<td>9:30am to 11:00CT</td>
<td>North Judson Senior Center</td>
<td>105 Talmer Street</td>
</tr>
<tr>
<td>Wednesday</td>
<td>July 3, 2013</td>
<td>11:30am to 1:00CT</td>
<td>Knox Senior Center</td>
<td>311 E. Culver Street</td>
</tr>
<tr>
<td>Monday</td>
<td>July 15, 2013</td>
<td>8:30am to 2:00</td>
<td>Hobart Remus Farms</td>
<td>9380 E. 37th Ave.</td>
</tr>
</tbody>
</table>

Northwest Indiana Community Action (NWICA) is a not-for-profit corporation dedicated to helping vulnerable populations overcome barriers to independence. Designated as the Area Agency on Aging, the Community Action Agency and 211 Call Center, our organization is committed to innovative interventions leading to the creation of communities that support the independence of individuals and families across the lifespan. To learn more about NWICA please dial 2-1-1 or visit www.nwi-ca.com.
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